

Alcohol served from 10am

# **BREAKFAST MENU**

Monday - Saturday 8am - 11:30am Sunday 8am - 11am

#### MIMOSA 9.50

Zarlino Prosecco with fresh orange juice

#### **APEROL SPRITZ 11.50**

Aperol, Zarlino Prosecco and a dash of soda water

#### **ELDERFLOWER BELLINI 11.50**

St Germain Liqueur topped with Zarlino Prosecco

#### **AVOCADO ON TOAST V VE GF 10.50**

Sourdough toast, smashed avocado, cherry tomatoes, chilli flakes and mixed seeds

#### **LIGHT BREAKFAST GF 11.00**

One free-range egg, grilled rasher of bacon, pork and leek sausage\*, baked beans and toast

## **GARDEN BREAKFAST V VE GF 14.00**

Two free-range eggs, vegan sausage, smashed avocado, half a grilled confit tomato, button mushrooms, baked beans and toast (Vegan version with hash brown)

# **AVENUE BREAKFAST GF 15.00**

Two eggs, two grilled rashers of bacon, a pork and leek sausage\*, hash brown, button mushrooms, half a grilled confit tomato, baked beans and toast

## **BUTTERMILK PANCAKES V 11.50**

Two stacked pancakes topped with your choice of:

- Greek yoghurt, berry compote and honey
- Strawberries, blueberries and maple syrup
  - Streaky bacon & maple syrup add 2.00
    - Nutella

## BACON OR SAUSAGE\* SANDWICH GF 6.95

Smoked bacon or sausage on a choice of white or granary bloomer

\*Pork and leek sausage – Not Gluten free

Additional items available from 2.25 each Upgrade to sourdough or gluten free bread for 95p

# PROTEIN POWER

## FREE RANGE EGGS ON TOAST GF V 7.50

Two eggs cooked to your liking (poached, scrambled or fried) on a choice of white or granary toast

## **SCRAMBLED EGGS & SMOKED SALMON GF 15.00**

Free range scrambled eggs and slices of Scottish Oak smoked salmon. Served with your choice of toast

#### FGGS BENEDICT GF 13.00

Toasted English muffin served with honey roasted ham, poached eggs and hollandaise sauce

#### **EGGS ROYALE GF 15.00**

Toasted English muffin served with smoked salmon, poached eggs and hollandaise sauce

#### POACHED EGGS & AVOCADO V GF 11.50

Sourdough toast, smashed avocado, poached eggs, cherry tomatoes, chilli flakes and mixed seeds

## **TOAST BASKET GF VE V 4.50**

White or brown toast with your choice of marmalade, strawberry jam, honey, Nutella or Marmite

# **HOMEMADE GRANOLA V 8.00**

Greek yoghurt and crunchy granola drizzled with honey

# **SMOOTHIES & JUICES**

# **SMOOTHIES 6.00**

**Berry Go Round** 

Blackberries, raspberries & strawberries

Big 5

Strawberry, mango, kiwi & pineapple

Broccoli & The Beast

Broccoli, celery, spinach, mango, pineapple & banana

Pash 'N' Shoot

Passion fruit, mango & pineapple

# FROBISHERS FRUIT JUICES 3.50

- Cloudy Apple
  - Cranberry
  - Mango
  - Orange
  - Pineapple

# **COFFEE & TEA**

Americano | Hot water topped with espresso 3.30
Cappuccino | Espresso topped with foamed milk 3.50
Cortado | Double shot with equal part steamed milk 3.00
Flat White | Micro-foam poured over a double espresso 3.60
Hot Chocolate with marshmallows 3.95

Latte | Espresso topped with steamed milk 3.50

Mocha | Espresso topped with hot chocolate 4.00

Double Espresso 3.20

Souble Espresso 3.20 Espresso 2.50

Decaffeinated available for all coffees Alternative milk: almond, coconut, oat, soya 45p Syrups: hazelnut, salted caramel, sugar free caramel, vanilla 50p

# POT OF TEA FOR ONE 3.00

Decaffeinated - Earl Grey - English Breakfast - Green Tea - Lemon & Ginger - Mint Infusion - Raspberry & Pomegranate

GF - Gluten Free option available

∨ - Vegetarian

VE - Vegan option available