

# VEGAN MENU

## BREAKFAST served 7am - noon (weekends 8am - noon)

### TOAST BASKET 2.75

White or granary toast served with your choice of:

- Marmalade
- Strawberry jam
- Peanut butter
- Marmite

*upgrade to sourdough bread 1.00*

### SAUSAGE SANDWICH 4.50

Vegan sausages served in a choice of white or granary

### AVENUE VEGAN BREAKFAST 9.95

Two vegan sausages, crushed avocado, half a grilled confit tomato, grilled flat mushroom, wilted baby spinach, Heinz baked beans and your choice of toast

### BEANS ON TOAST 4.50

Heinz baked beans served on your choice of white or granary

### ADD EXTRAS

- Sausage 1.50
- Crushed avocado 2.00
- Heinz baked beans 1.00

## - SHARERS & STARTERS -

### AVENUE NACHO SHARER for one 5.95 / sharer 9.95

Warm tortilla chips, vegan mozzarella, jalapeño peppers, salsa and guacamole  
*add vegan chilli con carne 2.50*

### OLIVES 3.95

Chilli and garlic marinated olives

### CHEESY GARLIC BREAD 7.95

Freshly baked dairy-free cheesy garlic bread topped with caramelised onions

### HOMEMADE SOUP OF THE DAY 5.95

Served with fresh bread

### JACKET POTATO 7.50

Freshly baked jacket potato topped with chilli con carne or beans and cheese with a side salad  
*add grated vegan mozzarella cheese 1.00*

### TOFU WRAP 9.95

Avocado, basil pesto, mixed leaf and pitted olives with a choice of spinach, beetroot or plain tortilla wrap. Served with a salad garnish and tortilla chips  
*upgrade to triple cooked chips, pomme frites or sweet potato fries for 2.25*

### TOMATO, MOZZARELLA & BASIL PANINI 5.95

Served with a salad garnish and tortilla chips  
*upgrade to triple cooked chips, pomme frites or sweet potato fries for 2.25*

### FAJITAS 14.95

Cauliflower steak or tofu fajita, served on a hot sizzling skillet with onions, peppers, guacamole, salsa, vegan grated cheese and warm rolling tortillas

## MAINS

### MUSHROOM & TOFU BURGER 11.50

Grilled tofu and portobello mushroom, with caramelised onions, gem lettuce and tomato on a brioche bun. Choice of triple cooked chips, pomme frites or sweet potato fries  
*add grated vegan mozzarella cheese 1.00*

### PESTO PASTA 8.25

Penne pasta with vegan friendly basil pesto, pine nuts and virgin olive oil

### VEGAN CHILLI & RICE 11.95

Vegan chilli con carne served with wild rice and tortilla chips  
*add grated vegan mozzarella cheese 1.00*

### CAULIFLOWER CURRY 13.95

Served with basmati rice, garlic and coriander naan and a sweet mango chutney

### SAUSAGE & MASH 11.25

Three vegan sausages served with creamy mash, seasonal vegetables and a rich onion gravy

## - DESSERT -

### CHOCOLATE ORANGE TART 6.25

Drizzled with a berry compote

### VEGAN CLASSIC MAGNUM 2.95

Velvety vegan ice cream, dipped in delicious real chocolate



Avenue  
Tennis