

APEROL SPRITZ 12.00

Aperol, Zarlino Prosecco and a dash of

soda water

Monday - Sunday 8am - 11:30am

MIMOSA 12.00

Alcohol served from 10am

Zarlino Prosecco with fresh orange juice

AVOCADO ON TOAST V VE GF 11.50

Sourdough toast, smashed avocado, cherry tomatoes, chilli flakes and mixed seeds

LIGHT BREAKFAST GF 12.50

One free-range egg, grilled rasher of bacon, pork and leek sausage*, baked beans and toast

GARDEN BREAKFAST V VE GF 16.50

Two free-range eggs, vegan sausage, smashed avocado, half a grilled confit tomato, button mushrooms, baked beans and toast (Vegan version with hash brown)

AVENUE BREAKFAST GF 16.50

Two eggs, two grilled rashers of bacon, a pork and leek sausage*, hash brown, button mushrooms, half a grilled confit tomato, baked beans and toast

BUTTERMILK PANCAKES V 13.00

Two stacked pancakes topped with your choice of:

- Greek yoghurt, berry compote and honey

- Strawberries, blueberries and maple syrup
- Streaky bacon & maple syrup add 2.00

- Nutella

BACON OR SAUSAGE* SANDWICH GF 8.00

Smoked bacon or sausage on a choice of white or granary bloomer

*Pork and leek sausage - Not Gluten free

Additional items available from 2.25 each

SMOOTHIES & JUICES

SMOOTHIES 7.00

Berry Go Round

Blackberries, raspberries & strawberries Big 5 Strawberry, mango, kiwi & pineapple Spinach To Win It Broccoli, spinach, cucumber, mango, pineapple & banana Pash 'N' Shoot Passion fruit, mango & pineapple

FROBISHERS FRUIT JUICES 4.00

- Cloudy Apple
 - Cranberry
 - Mango
 - Orange
 - Pineapple

GF - Gluten Free option available

COFFEE & TEA

Americano | Hot water topped with espresso 3.50 Cappuccino | Espresso topped with foamed milk 3.75 Chai Latte | A mix of black tea, spices & frothy milk 4.20 Cortado | Double shot with equal part steamed milk 3.25 Flat White Micro-foam poured over a double espresso 3.75 Hot Chocolate with cream and marshmallows 4.40 Latte | Espresso topped with steamed milk 3.75 Mocha Espresso topped with hot chocolate 4.25 Espresso 3.00

Decaffeinated available for all coffees Alternative milk: almond, coconut, oat, soya 50p Syrups: hazelnut, salted caramel, sugar free caramel, vanilla 70p

POT OF ENGLISH BREAKFAST TEA FOR ONE 3.40

Specialty teas available, please ask for flavours 4.00

VE - Vegan option available

ELDERFLOWER BELLINI 12.00 St Germain Liqueur topped with

Zarlino Prosecco

PROTEIN POWER

FREE RANGE EGGS ON TOAST GF V 8.75

Two eggs cooked to your liking (poached, scrambled or fried) on a choice of white or granary toast

SCRAMBLED EGGS & SMOKED SALMON GF 17.50

Free range scrambled eggs and slices of Scottish Oak smoked salmon. Served with your choice of toast

FGGS BENEDICT GF 14.00

Toasted English muffin served with honey roasted ham, poached eggs and hollandaise sauce

EGGS ROYALE GF 17.50

Toasted English muffin served with smoked salmon, poached eggs and hollandaise sauce

POACHED EGGS & AVOCADO V GF 13.00

Sourdough toast, smashed avocado, poached eggs, cherry tomatoes, chilli flakes and mixed seeds

TOAST BASKET GF VE V 4.95

White or brown toast with your choice of marmalade. strawberry jam, honey, Nutella or Marmite

HOMEMADE GRANOLA V 8.50

Greek yoghurt and crunchy granola drizzled with honey

If you require information regarding the presence of allergens in any of our food and drink please ask your server, who will be happy to provide this information While a dish may not contain a specific allergen, foods may be at risk of contamination by other ingredients due to the wide range of ingredients in our kitchen.

V - Vegetarian