



Alcohol served from 10am

Monday - Saturday 8am - 11:30am  
Sunday 8am - 11am

## BREAKFAST MENU

### MIMOSA 9.50

Zarlino Prosecco with fresh orange juice

### APEROL SPRITZ 11.50

Aperol, Zarlino Prosecco and a dash of soda water

### ELDERFLOWER BELLINI 11.50

St Germain Liqueur topped with Zarlino Prosecco

### AVOCADO ON TOAST **V VE GF** 10.50

Sourdough toast, smashed avocado, cherry tomatoes, chilli flakes and mixed seeds

### LIGHT BREAKFAST **GF** 11.00

One free-range egg, grilled rasher of bacon, pork and leek sausage\*, baked beans and toast

### GARDEN BREAKFAST **V VE GF** 14.00

Two free-range eggs, vegan sausage, smashed avocado, half a grilled confit tomato, button mushrooms, baked beans and toast (Vegan version with hash brown)

### AVENUE BREAKFAST **GF** 15.00

Two eggs, two grilled rashers of bacon, a pork and leek sausage\*, hash brown, button mushrooms, half a grilled confit tomato, baked beans and toast

### BUTTERMILK PANCAKES **V** 11.50

Two stacked pancakes topped with your choice of:

- Greek yoghurt, berry compote and honey
- Strawberries, blueberries and maple syrup
- Streaky bacon & maple syrup *add 2.00*
- Nutella

### BACON OR SAUSAGE\* SANDWICH **GF** 6.95

Smoked bacon or sausage on a choice of white or granary bloomer

\*Pork and leek sausage – Not Gluten free

Additional items available from 2.25 each  
Upgrade to sourdough or gluten free bread for 95p

## PROTEIN POWER

### FREE RANGE EGGS ON TOAST **GF V** 7.50

Two eggs cooked to your liking (poached, scrambled or fried) on a choice of white or granary toast

### SCRAMBLED EGGS & SMOKED SALMON **GF** 15.00

Free range scrambled eggs and slices of Scottish Oak smoked salmon.  
Served with your choice of toast

### EGGS BENEDICT **GF** 13.00

Toasted English muffin served with honey roasted ham, poached eggs and hollandaise sauce

### EGGS ROYALE **GF** 15.00

Toasted English muffin served with smoked salmon, poached eggs and hollandaise sauce

### POACHED EGGS & AVOCADO **V GF** 11.50

Sourdough toast, smashed avocado, poached eggs, cherry tomatoes, chilli flakes and mixed seeds

### TOAST BASKET **GF VE V** 4.50

White or brown toast with your choice of marmalade, strawberry jam, honey, Nutella or Marmite

### HOMEMADE GRANOLA **V** 8.00

Greek yoghurt and crunchy granola drizzled with honey

## SMOOTHIES & JUICES

### SMOOTHIES 6.00

#### Berry Go Round

Blackberries, raspberries & strawberries

#### Big 5

Strawberry, mango, kiwi & pineapple

#### Broccoli & The Beast

Broccoli, celery, spinach, mango, pineapple & banana

#### Pash 'N' Shoot

Passion fruit, mango & pineapple

### FROBISHERS FRUIT JUICES 3.50

- Cloudy Apple
- Cranberry
- Mango
- Orange
- Pineapple

## COFFEE & TEA

Americano | Hot water topped with espresso 3.30

Cappuccino | Espresso topped with foamed milk 3.50

Cortado | Double shot with equal part steamed milk 3.00

Flat White | Micro-foam poured over a double espresso 3.60

Hot Chocolate with marshmallows 3.95

Latte | Espresso topped with steamed milk 3.50

Mocha | Espresso topped with hot chocolate 4.00

Double Espresso 3.20

Espresso 2.50

*Decaffeinated available for all coffees*

*Alternative milk: almond, coconut, oat, soya 45p*

*Syrups: hazelnut, salted caramel, sugar free caramel, vanilla 50p*

### POT OF TEA FOR ONE 3.00

Decaffeinated - Earl Grey - English Breakfast - Green Tea - Lemon & Ginger - Mint Infusion - Raspberry & Pomegranate

**GF** - Gluten Free option available

**V** - Vegetarian

**VE** - Vegan option available

If you require information regarding the presence of allergens in any of our food and drink, please ask your server, who will be happy to provide this information. While a dish may not contain a specific allergen, foods may be at risk of contamination by other ingredients due to the wide range of ingredients in our kitchen.